

Chicken Sausage and Peppers



This is a very easy, simple and quick to fix meal. You can serve this chicken sausages (or any sausage of your preference) with rice or even inside a bun. It is colorful and sure very tasty. I used the chicken sausage with apples, it is great since the apple in the sausage give a slightly sweet taste to the dish.

Ingredients:

4~5 chicken sausages

1 onion

1 yellow bell pepper

1 red bell pepper

Cilantro

Sal and pepper to taste

1 tablespoon soy sauce



Method:

Slice the chicken sausage, onion and the peppers.

In a pan sautee the sausage until slightly brown, set aside.

In the same pan, sautee the onion and the peppers. Add the soy sauce, salt and pepper to taste. Place back the sausage, mix gently and add the chopped cilantro.

Remove from heat and serve.





***Thank you for stopping by Simple Recipes and have
a great week!***