

Have You Ever Had Cotton Candy Grapes?

These exquisite green grapes have nothing ordinary, they are loaded with cotton candy fragrance, flavor and sweet as the name suggests.



First of all, I would like to apologize for the silence in the past few weeks, I have been fighting with nerve entrapments...both from median and ulnar nerve and diagnosed with carpal and cubital tunnel syndrome, both on my right hand...needless to mention that wrist and elbow braces accompanied by exercise and rest was prescribed...and yes, it has been improved greatly therefore I think surgery will be avoided...anyway, enough of me, let's talk about these amazing grapes...

My first encounter was last year, in the beginning of

September, and since then I have been chasing all the groceries to get more...for my deception it was the end of the season as people in the industry told me that they were only in the store for about 2-3 weeks...

I read a lot about this unique grapes and anxiously waiting until August as stated on the website...well, to my surprise we found out that these grapes were in the market in the end of June and they would just fly out of the stores as soon as they hit the produce area...no need to mention that my hunt for these grapes started and got almost insane according to my husband...since then we found these grapes in many local grocery stores that we shop routinely and already munch over almost 7 lbs.

I usually do not consider fruit as dessert...fruit is fruit and desserts are cake, pie, ice cream and so on...but these grapes are fruit and dessert...



– How Cotton Candy grapes look like?

They look like your ordinary green grapes...

– Why Cotton Candy grapes?

These grapes are an explosion of sweetness loaded with cotton candy flavor and aroma...yes, cotton candy...I cannot even remember when the last time was I had cotton candy...which is pure colored sugar asking for shots of insulin after its consumption...but these are grapes...therefore no need of insulin

shot...okay, maybe if you eat too many...

– What are Cotton Candy grapes?

According to my reading these grapes are a hybrid, a combination of concord grapes (used to make wine, juice, and jelly) and vitis vinifera (common grape). You can find plenty of information by doing some search.

– Are Cotton Candy grapes healthy?

Well, they are grapes and all grapes contain lots of sugar, since these are super sweet you can already imagine that these ones will contain more calories than the regular green grapes...so eating in moderation is advised.

– Where can I find Cotton Candy grapes?

In my area, I found them at Costco, Trader Joe's and Sprouts...price? Varies from \$2.99 to \$7.99 a lb.

And yes, Costco has the best price as they come in 3 lbs.

– Is there any other variety of grapes?

Apparently, there are many other varieties of grapes according to Grapery, as for now I only have tried the cotton candy grapes and yes, I look forward to trying all the other varieties.

I hope you get a chance to try the Cotton Candy grapes...and let me know what you think of it...





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