

Pasta with Veggies



I hope everyone had a nice Thanksgiving...in order to balance all what we ate during the holidays I am making a pasta dish with veggies...this recipe is very simple and yet savory with lots of different veggies which makes the pasta pretty appetizing for the eyes as well.



Ingredients:

2 ~3 carrots, shredded
2 zucchini, shredded
1/3 cup frozen peas
Artichoke
2~3 garlic, finely chopped
2 tablespoon butter
Sal and pepper to taste
Bow tie pasta



Method:

Cook the pasta as you desire, add the pea as the pasta are about to be ready, so they will be cooked at the same time.

In the meantime, sautee the garlic in the butter, once the garlic start to brown, add the shredded carrot and zucchini, and the artichoke hearts. Add salt and pepper to taste, continue cooking without over cooking it.

Strain the pasta with the green peas and add to the veggie mixture.

Serve hot by topping it with your favorite cheese.



Thank you for stopping by Simple Recipes and have

a great week!