

Simple Fennel Salad

This is a very easy and simple salad using just a few ingredients. The fennel is thinly sliced therefore it is light, crunchy and refreshing.



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Method:

Wash the fennel and remove the stalks. Use a mandoline to slice the fennel.

Place the shaved fennel in a bowl, add the olive oil, lemon juice, salt and pepper (I omitted the salt).

Toss gently and serve.

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If you enjoy this simple recipe for fennel salad you might want to check on Zucchini Ribbon Salad recipe.

Curiosity Corner

Did you know that fennel belongs to the same family as parsley, carrots, dill and cilantro (or coriander)? Moreover, fennel is a good source of vitamin C and fiber.

Thank you for stopping by Color Your Recipes...have a colorful week!